

# Chondrosarcoma CS Foundation



## JOIN THE FIGHT

### Virtual Dialogues

**Chondrosarcoma Foundation, Inc. Sixth International Virtual Dialogue**  
Wednesday, October 30, 2024  
7:00PM – 9:00PM (EST /NY) via Zoom

The Chondrosarcoma Foundation, Inc. will host their sixth International Forum/Virtual Dialogue featuring the following prominent experts to address the mental health of Chondrosarcoma patients.

**Improving Stress, Anxiety, Depression and the Quality of Life**  
Data from our Chondrosarcoma Patient Registry indicates that the mental health and quality of life is less than what exists for other cancer patients. We want to do something about this.

**Elsie Huefner, Ph.D.**  
Clinical Mental Health Counselor

Elsie is a doctoral-level licensed Clinical Mental Health Counselor specializing in trauma, anxiety, depression, and substance abuse. She earned her Doctorate from Capella University in 2022. Elsie was diagnosed with Chondrosarcoma on June 12, 2023, following a misdiagnosis of arthritis and bursitis. She underwent a wide resection of her left proximal femur with an allograft. The surgery was believed to have been successful with negative margins until her pathology returned with an aggressive grade 3 dedifferentiated chondrosarcoma, resulting in the need for chemotherapy. These treatments were aggressive and required inpatient admissions throughout her treatment cycles. Today, they appear to have been successful as she remains NED and is currently working through side effects from the treatments, including heart failure, kidney failure, and mobile disabilities. Elsie enjoys being a mother and wife. Her spirits are high, and she is eager to give back to other warriors.

**Julia Parent, M.S.**  
Clinical Mental Health Counselor

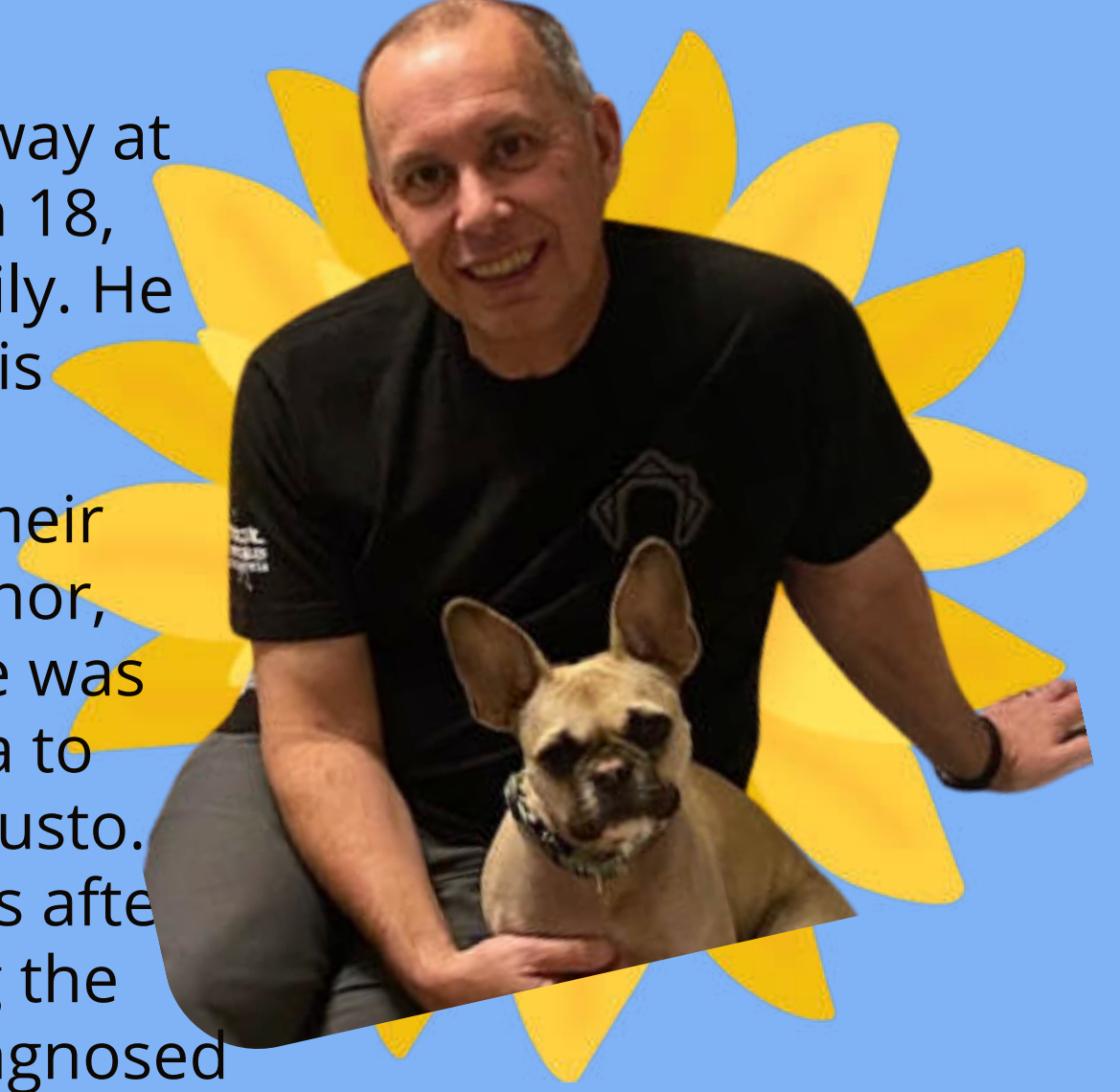
Julia graduated in 2017 with a degree in Clinical Mental Health Counseling from the University of Phoenix. She worked for the past 7 years in a dual-diagnosis and mental health treatment residential and outpatient facilities. In 2016 Julia was diagnosed with breast cancer, formally labeled: invasive ductal carcinoma with lobular features. She was in active treatment for 10 months undergoing three types of chemotherapy, a bilateral mastectomy and radiation. She continued active treatment through a drug trial for an additional 2 years, has undergone additional procedures and operations helping to support preventing recurrence as well as currently on medications designed to help prevent recurrence. Her diagnosis was life-changing for both herself as well as her husband and three children ages, 8, 14, and 16 at the time of diagnosis.

Join us for this very informative forum  
Please register at: <https://csfshayna.org/virtual-dialogue6-registration>  
Funding provided by Servier Pharmaceuticals, LLC.

### Pete Musto

#### CS Awareness Day Patient Tributes

Peter "Pete" Musto passed away at his home on Saturday, March 18, 2023, surrounded by his family. He was fifty-seven years old. He is survived by his beloved wife Jennifer Furlong Musto and their five children- Nick, Matt, Connor, Cameron, and Chandler. Pete was born in Dupont, Pennsylvania to Barbara and the late Peter Musto. In August of 2020, three years after moving to Boston and during the Covid pandemic, Pete was diagnosed with Chondrosarcoma of the Larynx. Pete had the most amazing, unforgettable smile that would light up a room. He was an extremely friendly, funny, and outgoing person who lived life to the fullest. He fought until the very end and lived his life as an example to everyone.



### CS Awareness Events

**4th Annual STEPPIN' FOR THE CAUSE**

SPONSORED BY

KC KRAMER, CONVERGENZ, Johns Hopkins Kimmel Cancer Center, SPICE KITCHEN

**CHONDROSARCOMA AWARENESS DAY**  
SHAYNA ELISE KRAMER  
FEBRUARY 6th, 2025

The Chondrosarcoma CS Foundation, Inc. proclaims February 6th, 2025 as Chondrosarcoma Awareness Day to honor the legacy of **Shayna Elise Kramer** who passed away from this rare cancer in 2019.

### Letting Data Tell Your Story Chondrosarcoma Patient Registry

The Chondrosarcoma Patient Registry is a powerful, useful tool for individuals with chondrosarcoma and their family members to contribute directly to research that will enhance our understanding of this rare bone cancer.

For more information about how to register, [click here](#).

### Information Publications for CS Patients



Chondrosarcoma: What You Need to Know



Selecting a Sarcoma Treatment Center:  
How to Find a Chondrosarcoma Oncologist / Treatment Center



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Chondrosarcoma CS Foundation Support